



# BERKELEY TRAIL ADVENTURE

- 10K Orange Loop
- Half Marathon Orange Out to Yellow Loop to Orange Return
- 35K Orange Out to Yellow Out to Pink to Yellow Return to Orange Return
- 50K Orange Out to Yellow Out to Pink to Yellow Return to Orange Return



**MEMBERSHIPS**  
 The Regional Parks Foundation offers Memberships to park users. For information, see [www.regionalparksfoundation.org](http://www.regionalparksfoundation.org), or call (510) 544-2220.

**Start/Finish Spillway Picnic**

**POLICE, FIRE, MEDICAL EMERGENCY..... 9-1-1**  
 EBRPD Headquarters..... 1-888-EBPARKS  
 Botanic Garden..... (510) 544-3169  
 Brazil Building..... (510) 544-3164  
 Golf Reservations..... 848-7373  
 Merry-Go-Round..... 524-6773  
 Train Ride..... 548-6100  
 Tilden Park Office..... (510) 843-2137  
 Naturalist Services, EEC, Little Farm ..(510) 544-2222

IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

SOUTH PARK DRIVE Nov. 1 through Mar. protect migrating n...  
 Please let us know how this map improved to help you use this email, or call with your suggestions. Publications, 2950 Perata Oaks, Oakland, CA 94605; info@ebparks.org 544-2210.

**AC TRANSIT INFORMATION:** On weekends and holidays, take #67 from the Berkeley BART station into the Canyon Drive, along Central Park Drive and Wildcat Road, and exit the park at Shasta Road. The route provides access to the Environmental Education Center and Little Farm in Tilden Nature Area, the Merry-Go-Lake Anza (a short walk), the Brazil Building, the Botanic Garden, and several trail heads. On weekdays #65 only to the Canon Drive and Shasta Road entrance. **TRANSIT and BART INFO:** (510) 817-1717 (TDD/VOICEMAIL) 1-800-448-9790, or [www.transitinfo.org](http://www.transitinfo.org).

**COURSE DESIGN BY BRIAN WYATT**